

# R E P O R T

OF

THE MEDICAL OFFICERS AND SUPERINTENDENT,

WITH

*The Accounts of the Treasurer,*

OF

# THE NORFOLK LUNATIC ASYLUM

FOR THE YEAR 1860.

Norwich:

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# NORFOLK LUNATIC ASYLUM.

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## Medical Officers' Annual Report

FOR THE YEAR 1860.

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### TO THE COMMITTEE OF VISITORS.

IN compliance with the Rules, and according to the custom of late years, the Medical Officers of the County Lunatic Asylum have the honour to lay before the Committee of its Visitors their Annual Report for the year ending December 31st 1860.

During the year 1860 there have been received at this Asylum 123 inmates—54 men Admissions. and 69 women: the number resident in the Institution on the 31st December, 1859, was 319—139 men and 180 women; the total number of insane persons under care during the year has therefore been 442—193 men and 249 women: the daily average number during the year was 333—144 men and 189 women.

The number of inmates discharged during 1860 has been 61—20 men and 41 women, Discharges. of whom 55 patients—16 men and 32 women, were recovered; and 6 patients—4 men and 2 women, were relieved.

The deaths during 1860 have numbered 41—21 men and 20 women. Deaths.

There is an increase of 20 in the admissions of this compared with those of the last year; nine of that number have been received from the Infirmary Asylum of the City of Norwich. In 1860, as in the last three years, the constant excess in this Asylum of female lunatics over the male has been considerably increased.

The only observation called for, as to those admitted in 1860, is, that many patients Admission of patients in very feeble condition. have been sent whose whose rapid decline, from age or under various conditions of disease, has kept up a high rate of mortality here. The fact that 14 persons, whose feeble condition was remarked on their reception, have died within two months of that event, suggests to the



Medical Officers of the Poor Law Unions and others concerned, that the debility from age or illness of insane persons imposes upon them some responsibility in ordering their removal ; this remark especially applies to the occurrence of maniacal delirium towards the close of life, from phthisis or other exhausting disease, since it is obvious that no treatment can avail in such cases.

Discharges. The number of discharges in 1860 must be deemed satisfactory, when it is remembered that this Asylum contains so large a proportion of cases which belong to the incurable class, whether from the long duration and low type of their intellectual disorder or from the complication of insanity with epilepsy, paralysis, or other diseases in the nervous centres.

Absence on probation. During 1860 13 patients—6 men and 7 women, were absent from the Asylum on probation for a term varying from one to two months—of whom all were subsequently discharged as recovered or relieved, save 1 man and 2 women, whose relapse demanded their return hither, thus approving the usefulness of this provision of the law.

Deaths. The Obituary Table (No. 7) of this year calls for no especial remark, unless it be the absence of any removable cause of disease. The rate of mortality is indeed rather lower than usual ; and the remarkable lack of warm and genial weather during a great part of the year appears, in this Institution, as in nearly the whole area of the Registrar General's reports, to have had no effect in augmenting the sickness or mortality. It would seem that no particular conditions of heat, cold, moisture, or dryness, in these latitudes act unfavourably upon human health if not accompanied by sudden vicissitudes.

Inquest. The death of one patient only during the year 1860 has been the subject of an inquest by the County Coroner—a male, aged 36, having been found dead in his bed ; a post-mortem examination disclosed the cause of his sudden end in hypertrophy of the heart.

Escapes Four patients—3 men and 1 woman, escaped from the Asylum during 12 months, all of whom were shortly recovered save one man, who, not being re-taken during the time allowed by law (14 days) was discharged from the books of the Asylum ; he was, however, soon found by the police wandering in Lincolnshire, and was transferred hither from the Asylum of that county. The unfrequent occurrence of these evasions is very remarkable at an Asylum so little enclosed as this—having a public road intersecting its area, and a railway and a navigable river within 300 yards, while the largest of its grounds for exercise, cricket, &c., is on the confines of the farm and open to the adjacent country.

Accidents. Four severe accidents have happened to the inmates in the year 1860 ; in three instances fracture of the ribs took place—in one from the violence of another patient ; and an epileptic patient dislocated his shoulder in a fit : this was at once reduced by the resident Medical Officer ; and all these cases made a good recovery.

Birth. One infant was born here, the mother's mental condition precluding the discharge which has commonly been found admissable in like cases ; the infant was removed as soon as it could be weaned.

There has been no instance of mechanical restraint during the year, and seclusion has No Restraint.  
 been adopted in five cases only, for terms varying from one to seven days. Seclusion.

The Appéndix contains a continuation of the Statistical Tables, published in former Reports. The Medical Officers conclude this brief retrospect of the working of the Asylum during the year 1860 with satisfaction, when they consider the general comfort and tranquility which have pervaded the establishment, that more than the average of health has been enjoyed by its inmates, and that only such sickness or mortality has occurred as is inevitable among the lunatic poor of a large county.

G. W. W. FIRTH, CHIR. Soc.  
*Visiting Medical Officer.*

ED. CASSON,  
*Resident Medical Officer.*

THORPE,

FEBRUARY 26TH, 1861.

TABLE I.

SHOWING THE ADMISSIONS, DISCHARGES, AND DEATHS, FROM MAY, 1814, TO DECEMBER, 31ST, 1860.

	Male.	Female	Total.	Male.	Female	Total.
Admitted since May 1814 - - -				1289	1518	2807
Discharged - - -	607	781	1388			
Died - - -	543	557	1100			
				1150	1338	2488
Remaining December 31st, 1859 - - -	-	-	-	139	180	319
Admitted during 1860 - - -	-	-	-	54	69	*123
Total under Treatment in 1860 - - -	-	-	-	193	249	442
Discharged Recovered - - -	13	34	47			
„ Ditto after Probation - - -	3	5	8			
„ Relieved - - -	2	2	4			
„ Ditto after Probation - - -	2	0	2			
„ Not Improved - - -	0	0	0			
Died - - -	21	20	41			
Total Discharged and Died - - -	-	-	-	41	61	102
Remaining December 31st, 1860 - - -	-	-	-	152	188	340
Average Number Resident during 1860 - - -	-	-	-	144	189	333

\* Thirty-four of these have been inmates of the Asylum at some former period, and are therefore reckoned as re-admissions.



TABLE II.

SHOWING THE ADMISSIONS, DISCHARGES, AND DEATHS, FROM MAY 18TH, 1814, TO DECEMBER 31ST, 1833, THENCE TO DECEMBER 31ST 1860, BEGINNING THE 1ST DAY OF EACH YEAR UP TO THE LAST.

Number.	Years beginning May 18th.	Admissions during each year.			Discharges during each year.			Deaths. during each year.			Average number resident in each Year.			Mean Annual Mortality per cent. Resident.
		Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.	
1	1814	33	33	66	6	6	12	3	1	4	20	20	40	10.1
2	1815	15	18	33	7	17	24	6	2	8	30	30	60	13.3
3	1816	22	31	53	7	13	20	4	7	11	33	34	67	14.28
4	1817	24	20	44	10	15	25	4	6	10	47	40	87	11.49
5	1818	11	20	31	9	17	26	7	1	8	47	42	89	8.98
6	1819	18	16	34	10	10	20	4	3	7	46	40	86	8.13
7	1820	20	26	46	9	15	24	2	6	8	52	41	93	8.60
8	1821	18	29	47	12	13	25	12	7	19	50	44	94	20.21
9	1822	18	23	41	9	11	20	7	7	14	52	54	106	13.20
10	1823	11	16	27	8	11	19	11	6	17	54	48	102	16.66
11	1824	16	30	46	9	21	30	3	2	5	52	57	109	4.58
12	1825	13	28	41	12	20	32	3	8	11	55	59	114	9.64
13	1826	19	21	40	7	9	16	4	8	12	52	65	117	10.25
14	1827	19	15	34	12	13	25	12	8	20	56	56	112	17.86
15	1828	27	25	52	5	10	15	10	6	16	66	60	126	12.69
16	1829	21	23	44	13	11	24	11	14	25	65	67	132	18.94
17	1830	24	24	48	15	20	35	6	8	14	65	65	130	10.76
18	1831	25	41	76	10	15	25	13	8	21	78	82	160	14.0
19	1832	24	31	55	12	15	27	17	11	28	76	72	158	17.72
20	1833													
	May 1st to Dec. 31	17	19	36	10	12	22	8	9	17	75	84	159	15.93
21	1834	20	30	50	11	13	24	16	14	30	70	93	163	18.46
22	1835	28	22	50	13	14	27	18	10	28	75	94	169	13.60
23	1836	28	20	48	8	11	19	18	13	31	68	94	162	18.40
24	1837	25	21	46	9	8	17	17	15	32	68	96	164	19.25
25	1838	30	29	59	11	9	20	17	18	35	72	94	166	21.11
26	1839	24	24	48	6	12	18	19	14	33	70	94	164	20.12
27	1840	32	39	71	13	14	27	8	14	22	81	92	173	12.71
28	1841	29	31	60	11	7	18	18	14	32	80	90	170	24.70
29	1842	26	32	58	16	20	36	14	8	22	76	99	175	12.57
30	1843	31	38	69	17	20	37	21	22	43	72	95	167	26.35
31	1844	38	22	67	15	16	31	16	15	31	70	94	164	18.96
32	1845	32	42	74	14	10	24	11	17	28	80	86	166	16.88
33	1846	38	42	80	10	21	31	9	13	22	94	100	194	11.45
34	1847	29	41	70	12	19	31	18	18	36	95	105	200	18.0
35	1848	35	51	86	23	22	45	9	19	28	100	110	210	13.33
36	1849	40	51	91	19	18	37	18	17	35	115	120	235	14.89
37	1850	37	39	76	19	23	42	19	19	38	110	130	240	15.83
38	1851	33	52	85	10	16	26	12	14	26	120	140	260	10.0
39	1852	40	43	83	5	21	26	14	18	32	130	153	283	11.30
40	1853	36	47	83	20	26	46	19	17	36	139	165	304	11.70
41	1854	34	48	82	19	34	54	14	14	28	139	165	304	9.21
42	1855	28	48	76	18	33	51	12	20	32	135	161	296	10.81
43	1856	41	44	85	21	20	41	18	19	37	141	157	298	12.41
44	1857	41	60	101	36	33	69	15	14	29	134	165	299	8.60
45	1858	56	56	112	28	29	57	16	28	44	135	177	312	14.10
46	1859	55	55	110	36	27	63	19	23	42	133	179	312	13.46
47	1860	54	69	123	20	41	61	21	20	41	144	189	333	12.31

TABLE III.

SHOWING THE FORM OF MENTAL DISORDER IN THE CASES ADMITTED DURING 1860,  
WITH THEIR COMPLICATIONS.

Form of Cases admitted in 1860.	Number of Cases.			General Paralysis.			Partial Paralysis.			Epilepsy.			Suicidal Tendency.		
	Male.	Female	Total.	Male.	Female	Total.	Male.	Female	Total.	Male.	Female	Total.	Male.	Female	Total.
Acute Mania ...	13	20	33	0	0	0	0	1	1	0	0	0	0	0	0
Chronic ditto ...	23	27	50	6	1	7	1	0	1	7	2	9	0	0	0
Melancholia ...	9	15	24	0	1	1	0	2	2	1	1	2	3	5	8
Dementia ...	6	4	10	2	2	4	0	1	1	2	0	2	0	0	0
Imbecility (congenital)	1	2	3	0	0	0	0	1	1	1	0	1	0	0	0
Idiotcy (congenital)	2	1	3	0	0	0	0	0	0	2	1	3	0	0	0
Total	54	69	123	8	4	12	1	5	6	13	4	17	3	5	8



TABLE IV.

SHOWING THE OCCUPATIONS OF THOSE ADMITTED IN 1860.

OCCUPATIONS.					Male.	Female.	Total.
Labourers, and the Wives, Daughters, and Widows of	...			...	24	21	45
Domestic Servants	...	...	...	...	0	12	12
Tailor and Tailoresses	...	...	...	...	1	2	3
Carpenters, and Wife of	...	...	...	...	2	1	3
Shoebinders	...	...	...	...	0	2	2
Seamstresses	...	...	...	...	0	10	10
Printer	...	...	...	...	1	0	1
Shoemakers, and Wife of	...	...	...	...	4	1	5
Blacksmiths, and Wives of	...	...	...	...	3	3	6
Shopkeepers	...	...	...	...	2	1	3
Postmaster	...	...	...	...	1	0	1
Coachpolisher	...	...	...	...	1	0	1
Veterinary Surgeon	...	...	...	...	1	0	1
Charwomen	...	...	...	...	0	2	2
Housekeepers	...	...	...	...	0	4	4
Groom	...	...	...	...	1	0	1
Weavers	...	...	...	...	1	1	2
Bricklayer, and Wife of	...	...	...	...	1	1	2
Brushmaker	...	...	...	...	1	0	1
Iron Founders	...	...	...	...	2	0	2
Clerk	...	...	...	...	1	0	1
Butcher's Daughter	...	...	...	...	0	1	1
Cooper's Widow	...	...	...	...	0	1	1
Soldiers	...	...	...	...	2	0	2
No occupation	...	...	...	...	5	6	11
Totals					54	69	123

TABLE V.

CIVIL CONDITION OF THE PATIENTS ADMITTED, 1860.

Marriage.	Number Admitted.			Education.						Religion.									
				Able to Read & Write.		Able to Read only.		No Education.		Estab-lished Church.		Baptist.		Wesleyan.		Other Dis-senters.		Not Ascer-tained.	
	M.	F.	Tot.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.
Married	24	35	59	17	11	4	9	3	15	17	19	1	0	1	2	5	8	0	6
Widowed	7	9	16	3	3	2	3	2	3	4	5	1	0	0	0	0	3	2	1
Single Men	23	0	23	6	0	11	0	6	0	16	0	0	0	2	0	2	0	3	0
Single Women	0	25	25	0	13	0	5	0	7	0	15	0	0	0	2	0	3	0	5
Totals	54	69	123	26	27	17	17	11	25	37	39	2	0	3	4	7	14	5	12

TABLE VI.

SHOWING THE CAUSES OF DISEASE IN THOSE ADMITTED DURING 1860, AS FAR AS CAN BE ASCERTAINED.

CAUSES.	Male.	Female.	Total.
PREDISPOSING OR REMOTE CAUSES :—			
Hereditary Transmission . . . . .	10	8	18
Loss of Friends or Property . . . . .	4	5	9
Religious Excitement . . . . .	1	2	3
Injury to Head . . . . .	6	0	6
Fright . . . . .	2	3	5
Fever . . . . .	1	7	8
Debility . . . . .	3	6	9
Age . . . . .	3	2	5
Change of Life . . . . .	0	6	6
Former attack . . . . .	11	18	29
Congenital . . . . .	4	2	6
Intemperance . . . . .	4	1	5
Unknown . . . . .	5	9	14
Totals . . . . .	54	69	123
EXCITING OR PROXIMATE CAUSES :—			
Intemperance . . . . .	12	2	14
Religious Excitement . . . . .	3	2	5
Fright . . . . .	2	3	5
Fever . . . . .	4	11	15
Former attack . . . . .	7	4	11
Age . . . . .	6	7	13
Poverty and Debility . . . . .	9	13	22
Uterine Disorders . . . . .	0	8	8
Love . . . . .	0	1	1
Congenital . . . . .	4	2	6
Jealousy . . . . .	0	1	1
Unknown . . . . .	7	15	22
Totals . . . . .	54	69	123

TABLE VII.

SHOWING THE CAUSES OF DEATH DURING 1860.

CAUSES OF DEATH.	Male.	Female.	Total.
General Paralysis . . . . .	7	3	10
Gradual Decay . . . . .	3	6	9
Epilepsy . . . . .	4	3	7
Pneumonia . . . . .	0	1	1
Apoplexy . . . . .	2	1	3
Disease of Heart . . . . .	1	0	1
Marasmus . . . . .	0	1	1
Phthisis . . . . .	2	3	5
Chronic Disease of the Brain . . . . .	2	1	3
Cancer Uteri . . . . .	0	1	1
Totals . . . . .	21	20	41



## TABLE VIII.

SHOWING THE AGES OF THOSE DISCHARGED RECOVERED, AND THOSE WHO  
HAVE DIED IN 1860.

AGE.			Discharged Recovered.			Died.		
			Male.	Female.	Total.	Male.	Female.	Total.
From 15 to 20 years	...	...	0	1	1	0	0	0
„ 20 „ 30 „	...	...	2	12	14	1	0	1
„ 30 „ 40 „	...	...	3	10	13	6	5	11
„ 40 „ 50 „	...	...	4	10	14	6	7	13
„ 50 „ 60 „	...	...	2	3	5	2	4	6
„ 60 „ 70 „	...	...	3	3	6	3	2	5
„ 70 „ 80 „	...	...	2	0	2	3	2	5
„ 80 „ 90 „	...	...	0	0	0	0	0	0
Totals			16	39	55	21	20	41

## TABLE IX.

SHOWING THE DURATION OF DISEASE ON ADMISSION.

Duration of Disease.	Male.	Female.	Total.
FIRST CLASS :—			
First Attack, and not more than three months' duration ...	23	18	41
SECOND CLASS :—			
First Attack of more than three, but less than twelve months' duration ... ..	8	10	18
THIRD CLASS :—			
Not First Attack, and not more than twelve months' duration	17	27	44
FOURTH CLASS :			
First or not First Attack, and more than twelve months' duration	6	14	20
Total ...	54	69	123



TABLE X.

SHOWING THE CLASSES IN REFERENCE TO THE DURATION OF THE DISORDER IN THOSE WHO HAVE RECOVERED AND IN THOSE WHO HAVE DIED IN 1860.

Duration of Disease on Admission.	Recovered.			Died.		
	Male.	Female.	Total.	Male.	Female.	Total.
FIRST CLASS :— First Attack, and within three months - -	7	23	30	6	7	13
SECOND CLASS :— First Attack, above three and within twelve months - -	0	4	4	1	4	5
THIRD CLASS :— Not First Attack, and within twelve months - - -	8	11	19	6	7	13
FOURTH CLASS :— First or not First Attack, and more than twelve months - -	1	1	2	8	2	10
Totals -	16	39	55	21	20	41

TABLE XI.

SHOWING THE DURATION OF RESIDENCE OF THE 340 PATIENTS REMAINING ON THE 31ST OF DECEMBER, 1860.

Duration of Residence.				Male.	Female.	Total.
Under 3 Months	-	-	-	15	15	30
From 3 to 6 Months	-	-	-	10	7	17
„ 6 to 12 „	-	-	-	14	16	30
„ 1 to 2 Years	-	-	-	18	15	33
„ 2 to 5 „	-	-	-	20	38	58
„ 5 to 10 „	-	-	-	28	45	73
„ 10 to 15 „	-	-	-	23	25	48
„ 15 to 20 „	-	-	-	9	15	24
„ 20 to 25 „	-	-	-	9	9	18
„ 25 to 30 „	-	-	-	3	1	4
„ 30 to 35 „	-	-	-	1	1	2
„ 35 to 40 „	-	-	-	1	1	2
„ 40 to 45 „	-	-	-	1	0	1
Totals -				152	188	340

## TABLE XII.

PER CENTAGES OF THE YEAR 1860.

						Per Cent.
Of Admissions on the Number remaining at the End of last Year	-	-				38.55
„ Re-admissions on the Admissions	-	-	-	-	-	26.10
„ Repeated Attack on the Admissions	-	-	-	-	-	30.81
„ Recoveries on the Admissions	-	-	-	-	-	44.71
„ Ditto on the Mean Number Daily Resident	-	-	-	-	-	16.81
„ Ditto on the Whole Number under Treatment	-	-	-	-	-	12.22
„ Deaths on the Admissions	-	-	-	-	-	32.52
„ Ditto on the Mean Number Daily Resident	-	-	-	-	-	13.32
„ Ditto on the Whole Number under Treatment	-	-	-	-	-	9.47

TABLE XIII.  
DIETARY FOR PATIENTS.

DAYS OF THE WEEK.	BREAKFAST.					DINNER.										SUPPER.					
	MALES.		FEMALES.			MALES.					FEMALES.					MALES.		FEMALES.			
	Bread.	Milk Broth.*	Bread.	Butter.	Tea.†	Cooked Meat.‡	Meat Pie.§	Meat Dumpling	Vegetables.¶	Bread.	Beer.	Cooked Meat.	Meat Pie.	Meat Dumpling.	Vegetables.	Bread.	Beer.	Meat Broth.	Bread.	Butter.	Tea.
	oz.	pt.	oz.	oz.	pt.	oz.	oz.	oz.	oz.	oz.	pt.	oz.	oz.	oz.	oz.	oz.	pt.	pt.	oz.	oz.	pt.
SUNDAY.	6	1½	5	1½	¾	4	...	...	12	2	1½	4	...	...	12	2	1½	6	5	1½	¾
MONDAY	6	1½	5	1½	¾	...	10½	...	12	...	1½	...	10½	...	12	...	...	6	5	1½	¾
TUESDAY	6	1½	5	1½	¾	4	...	...	12	2	1½	4	...	...	12	2	1½	6	5	1½	¾
WEDNESDAY	6	1½	5	1½	¾	...	...	10½	12	...	1½	...	...	10½	12	...	1½	6	5	1½	¾
THURSDAY	6	1½	5	1½	¾	4	...	...	12	2	1½	4	...	...	12	2	1½	6	5	1½	¾
FRIDAY	6	1½	5	1½	¾	...	10½	...	12	...	1½	...	10½	...	12	...	1½	6	5	1½	¾
SATURDAY	6	1½	5	1½	¾	...	...	10½	12	...	1½	...	...	10½	12	...	1½	6	5	1½	¾

\* The Milk Broth is made from ¾ pint of New Milk, thickened with Oatmeal, to which ¼ pint of water is added.  
† 1 oz. of Tea, 4 oz. of sugar, ¾ pint of Milk—to 5½ pints.  
‡ The Cooked Meat is without Bone, consists of Mutton or Beef, Roast or Boiled.  
§ Meat Pie is made of 2½ oz. of Meat to 8 oz. of Crust.  
|| Meat Dumpling, 2½ oz. of Meat to 8 oz. of Crust.  
¶ For Out-door Workers, Artizans, and Laundry Women, &c., half-pint of Beer, with Bread and Cheese, at Eleven o'clock a.m., and Four p. m.



NORFOLK COUNTY LUNATIC ASYLUM,  
February, 1861.

GENTLEMEN,

I beg leave, as Superintendent of the Asylum, to submit to you the following brief Report in reference to the year 1860.

No alterations have been made during the year in the structural arrangements of the Asylum; but the airing grounds which were in the course of formation at the date of my last report, have since been completed, and contribute much to the cheerfulness of the Institution.

There were in the Asylum on the 31st of December, 1860, 152 males and 188 females, in all 340.

Permission having been given by you to the reception of a certain number of patients from the authorities of the City of Norwich, 9 were admitted on the 29th of November, viz.—3 males and 6 females who are still inmates of the Asylum.

The statement in my last report in reference to the patients, their diet, their clothing, their beds, and their employment applies equally to the year just ended.

I have continued to devote special attention to the providing of suitable employment for such of the patients as are from time to time found able to work.

The number who were employed during the year on different kinds of work are as follows:—

MALES.

Garden and Pleasure grounds	.	.	.	.	.	20
Farm	.	.	.	.	.	24
Carpenters', Turners', and Painters' Shops	.	.	.	.	.	4
Shoemakers' Shop	.	.	.	.	.	5
Tailors' and Upholsterers' Shop	.	.	.	.	.	4
Kitchen and Bake-house	.	.	.	.	.	4
Helpers in the Wards	.	.	.	.	.	15
In Stable	.	.	.	.	.	2
In the Office	.	.	.	.	.	1
Average number of Males daily employed	.	.	.	.	.	<hr/> 79 <hr/>

## FEMALES.

Laundry	.	.	.	.	.	.	23
Kitchen	.	.	.	.	.	.	5
Helpers in the Wards	.	.	.	.	.	.	12
Cleaners in the Corridors and other places	.	.	.	.	.	.	12
Work-room	{	Needle work	.	.	.	.	51
		Fancy work	.	.	.	.	17
		Straw Bonnet Making	.	.	.	.	1
Stocking Knitting	.	.	.	.	.	.	18
Cravat ditto	.	.	.	.	.	.	1
In the Establishment	.	.	.	.	.	.	1
Average number of Females daily employed							<hr/> 140 <hr/>

The Fourteenth Report of the Commissioners in Lunacy, dated the 31st of March, 1860, sets forth under distinct heads the weekly cost per head of maintenance in each of the 37 County Lunatic Asylums in England and Wales for the preceding year. The particulars given in that report have enabled me to ascertain the average weekly cost per head in all the Asylums, and to compare the same with the cost in this Asylum.

It is satisfactory to observe that although the cost in this Asylum exceeds the average under some heads of expenditure, it is below the average in others and is a penny under the total average weekly cost in all the County Asylums, being as 8s. 8d. to 8s. 9d.

The unfavorable weather which prevailed during the summer of last year considerably interfered with the out-door employment and recreation of the patients. We were, however, fortunate in the day selected for the annual trip to Lowestoft, which took place on the 10th of August. The weather was unusually fine; and the patients enjoyed themselves during a long day probably more than on any former occasion. The numbers were 107 males and 103 females, total 210.

You are aware that it is intended to provide a State Asylum for Criminal Lunatics, with the view of removing the objections which exist to keeping persons of that class with other patients. The Asylum proposed for this purpose is now in course of erection at Bradmoor, in the County of Surrey. As there have never been in this Asylum any considerable number of Criminal Lunatics, it is not probable that the opening of this State Asylum will affect this institution to any appreciable extent. At the present time there are only six patients who have been convicted of crime and admitted under a warrant from the Secretary of State. The offences of which these persons were charged were not of a serious character.

I have much pleasure in adding that the attendants and servants continue to discharge their respective duties with zeal and efficiency.



The Commissioners in Lunacy who visited the Asylum within the year, were Mr. Procter and Mr. Wilkes, who on the occasion reported in the Visitors' Book as follows :—

“ 1860, May 21, Norfolk County Asylum. Since the Commissioners' last visit on the 16th June, 1859, 109 patients have been admitted, 62 have been discharged, and 36 have died; 7 dying from general paralysis, the same number from gradual decay, 4 from exhaustion after mania, the same number from phthisis, and the rest from various other disorders.

“ There are now 330 patients (namely, 144 males and 186 females) in the Asylum, about 20 of whom, we are informed, are taking medicine; one is absent on leave. As the Asylum will hold 220 patients of each sex, there is now a vacancy for 110 patients; namely 76 men and 34 women.

“ We understand that the Visitors sometime ago agreed to receive patients from the boroughs of Thetford, King's Lynn, and Yarmouth. There are of these at present only 6 patients here; viz., 3 from King's Lynn, and 3 from Yarmouth. The Visitors, we are informed, are willing to receive 50 patients (30 males and 20 females) from the City of Norwich.

“ We have to day seen the patients and inspected the various galleries and rooms appropriated to their use. The patients appeared to us to be remarkably tranquil, and their wards and rooms and also their bedding very clean. The Asylum contains a great number of prints and flowers, which, with the green-houses, birds, &c., present a very cheerful appearance.

“ There are, however, still many straw beds in the Asylum, which are being slowly diminished, and many trough bedsteads. We hope that every exertion will be used to dispense with these beds and bedsteads. Some of the rooms require better ventilation, particularly the Infirmary and some bed-rooms, wherein the beds are somewhat too thickly placed, and some where there is no chimney. There should be a few sun-shades provided for the exercise grounds, and blinds are wanting in many portions of the Asylum exposed to the South sun.

“ There are one or more basins in every room, and also chairs, and we have recommended that the attendants should be directed to cause (and, if necessary, instruct) the patients themselves to use the means of washing and to dress and keep their persons neat. We think that the body linen should be changed oftener than once a week, and that the male patients should be shaved oftener.

“ About 215 (including both sexes) are employed; about 222 on an average go to church on Sundays, and nearly the same number on week days; and we learn that 80 or 90 men take extended exercise on Sundays, and about 60 or 70 in the course of the week. 247 patients went to Lowestoft last year.

“ There is no School in the Asylum, and no baking or brewing is done there, the beer and bread being procured from Norwich.

“ We saw 293 patients assembled at dinner to-day, who were very orderly and quiet.



“ Mr. Casson is absent to-day, and we have no access to the Case Book or Medical Visitation Book. We are gratified to learn that the Visitors have increased this gentleman's salary.

“ An additional attendant in No. 1 of the male side, and in the Infirmary on the female side, is much wanted. There is a Night Attendant on each side of the Asylum, and we are glad to see a female nurse (the wife of one of the attendants) on the Male Infirmary.

“ Upon the whole, we are much gratified by the clean, cheerful, and general good state of the establishment.

(Signed)

“ B. W. PROCTOR, } Commissioners  
“ JAMES WILKES, } in Lunacy.”

I have the honour to be

Gentlemen,

Your most obedient Servant,

EBENEZER OWEN,

Superintendent.

To the Visiting Justices of the  
Norfolk Connty Lunatic Asylum.

SUPERINTENDENT'S FARM AND GARDEN ACCOUNT.

FROM JANUARY 1ST 1860, TO JANUARY 1ST 1861.

[illegible]

# NORFOLK COUNTY ASYLUM.

DAILY AVERAGE OF PATIENTS EMPLOYED DURING EACH MONTH.

1860.

MALES.	Jan.	Feb.	Mar.	Apl.	May.	June	July	Aug.	Sep.	Oct.	Nov.	Dec.
Gardens and Pleasure Grounds -	23	22	22	27	25	17	21	18	18	16	15	13
North Farm -	19	19	19	19	21	25	24	27	30	32	27	23
Turners', Painters', and Carpenters' Shop -	4	4	4	3	4	4	4	3	5	6	5	4
Tailors' and Upholsters' ditto -	5	6	5	4	4	5	5	3	3	3	4	6
Shoemakers' Shop -	4	5	5	5	4	4	4	4	4	5	4	4
Kitchen and Bakehouse -	3	4	4	3	4	6	5	5	5	5	5	5
Helpers in the Wards -	15	15	15	15	15	15	15	15	15	15	15	15
In the Office -	1	1	1	1	1	1	1	1	1	1	1	1
In Stable -	2	2	2	2	2	2	2	2	2	2	2	2
Total Number Employed -	76	78	77	79	80	79	81	78	83	85	78	73
Average Number of Patients -	140	140	139	140	143	144	145	147	148	149	151	155
FEMALES.												
Laundry -	23	23	22	22	22	23	23	22	22	22	22	22
Kitchen -	5	5	6	6	6	6	5	5	5	5	6	6
Helpers in the Wards -	12	12	12	12	12	12	12	12	12	12	12	12
Cleaners in Corridors and other places -	12	12	12	12	12	12	12	12	12	12	12	12
Work Room -	Needle Work -	45	47	44	44	45	47	51	54	55	57	60
	Fancy Work -	16	15	16	15	18	22	22	18	18	17	18
	Straw Bonnet making -	1	1	1	1	1	1	1	1	1	1	1
	Stocking Knitting -	23	23	20	19	18	17	16	16	15	16	14
Cravat Knitting -	1	1	...	...	...	...	...	...	...	1	1	1
In the Establishment -	1	1	1	1	...	1	...	...	...	...	1	1
Total Number Employed -	139	140	134	132	134	141	140	142	140	143	146	147
Average Number of Patients -	183	181	179	180	185	185	186	183	183	186	181	188



## NORFOLK COUNTY ASYLUM.

## CONTRACT PRICES OF THE PRINCIPAL ARTICLES OF CONSUMPTION.

1860.

				Quarter ending March.	Quarter ending June.	Quarter ending September.	Quarter ending December.
				£ s. d.	£ s. d.	£ s. d.	£ s. d.
Bread	per score loaves	of 2lbs. each		0 4 4	0 5 2	0 5 2	0 6 0
Flour	...	per sack		1 15 0	1 19 0	1 19 0	2 6 0
Meat	...	per stone		0 6 10	0 7 0	0 8 8	0 8 3
Suet	...	per stone		0 6 10	0 7 0	0 8 8	0 8 3
Cheese, Gloucester	...	per cwt.		3 3 0	3 12 0	3 12 0	3 16 0
Cheese, Derby	...	per cwt.		3 3 0	3 12 0	3 12 0	3 12 0
Butter	...	per pint		0 1 5 $\frac{1}{2}$	0 1 4	0 1 4	0 1 5
Oatmeal	...	per peck		0 1 8	0 1 8	0 1 8	0 1 8
Rice	...	per lb.		0 0 2	0 0 2	0 1 2	0 0 2
Tea, black	...	per lb.		0 3 0	0 3 2	0 3 2	0 3 2
Tea, green	...	per lb.		0 3 6	0 3 8	0 3 8	0 3 8
Sugar, raw	...	per stone		0 4 3	0 4 6	0 4 6	0 4 4 $\frac{1}{2}$
Sugar, loaf	...	per stone		0 6 5	0 6 5	0 6 5	0 6 5
Coffee	...	per lb.		0 1 0	0 1 0 $\frac{1}{2}$	0 1 0 $\frac{1}{2}$	0 1 0 $\frac{1}{2}$
Milk	...	per gallon		0 0 8	0 0 8	0 0 8	0 0 8
Beer	...	per barrel		1 1 0	1 1 0	1 1 0	1 1 0
Porter	...	per barrel		2 7 0	2 7 0	2 7 0	2 7 0
Arrowroot	...	per lb.		0 2 0	0 2 0	0 2 0	0 2 0
Salt	...	per cwt.		0 1 9	0 1 9	0 1 9	0 1 9
Mustard	...	per lb.		0 1 4	0 1 6	0 1 6	0 1 6
Tobacco	...	per lb.		0 3 8	0 3 8	0 3 8	0 3 8
Snuff, Scotch	...	per lb.		0 4 6	0 4 6	0 4 6	0 4 6
Coals	...	per ton		0 19 3	0 19 3	0 19 3	0 19 3
Coke	...	per chaldron		0 12 0	0 12 0	0 12 0	0 12 0
Candles, dips	...	per lb.		0 0 6 $\frac{1}{2}$	0 0 6 $\frac{1}{2}$	0 0 6 $\frac{1}{2}$	0 0 6 $\frac{1}{4}$
Soap, yellow	...	per cwt.		1 11 0	1 11 0	1 11 0	1 11 0
Starch	...	per lb.		0 0 4 $\frac{1}{2}$	0 0 4 $\frac{1}{2}$	0 0 4 $\frac{1}{2}$	0 0 4 $\frac{1}{2}$

# NORFOLK COUNTY ASYLUM.

## ARTICLES MADE AND REPAIRED BY THE MALE ATTENDANTS AND PATIENTS DURING THE YEAR 1860.

### SHOEMAKERS.

#### LIST OF NEW WORK.

31 pairs Men's Leather Boots  
 2 pairs Men's Leather Shoes  
 11 pairs Women's Leather Shoes  
 50 pairs Women's Leather Boots  
 10 pairs Men's Duffle Boots  
 14 pairs Women's Duffle Boots  
 5 pairs Women's Duffle Shoes

#### LIST OF REPAIRS.

210 pairs Boots and Shoes, soled, heeled, & welted  
 137 pairs Boots and Shoes, soled and welted  
 88 pairs Boots and Shoes soled and heeled  
 97 pairs Boots and Shoes soled  
 130 pairs Boots and Shoes heeled  
 575 pairs Boots and Shoes repaired  
 24 pairs Duffle Boots bound

### TAILORS.

#### LIST OF NEW WORK.

1 Coat  
 1 Waistcoat  
 1 pair Trousers  
 5 Frocks  
 51 Caps  
 4 pairs Braces  
 2 Knotted Bed Rugs  
 3 Window Blinds  
 12 Hair Pillows  
 9 Hair Mattresses  
 1 Table Cover  
 1 Cover for Plan Book

#### LIST OF REPAIRS.

653 Jackets  
 545 Waistcoats  
 787 Trousers  
 132 Frocks  
 2 Carpets bound  
 33 Mats bound  
 3 Cushions repaired



# NORFOLK COUNTY ASYLUM.

## ARTICLES MADE.

Drawers pairs - -	50	Bed Valances - -	59	Chemise Babies' -	1
Chair Covers - -	3	Window Valances -	128	Ottomans Knitted -	1
Jackets Flannel -	30	Cushing Covers -	15	Stand Urn - -	1
Table Cloths - -	25	Gloves Knitted pairs -	5	Petticoat Embroid. -	1
Sheets - -	416	Neck Ties Knitted -	20	Box Velvet - -	1
Shirts - -	165	Comforters Knitted -	6	Shirts - - -	6
Hose Knitted pairs -	263	Shoes Bound - -	6	Band Velvet - -	1
Handkerchiefs -	252	Sleeves Knitted pairs	4	Waistcoats Knitted -	1
Beds - -	24	Bonnets Straw - -	20	Rug Hearth Knitted -	1
Pillow Cases - -	326	Caps Men's - -	18	Cushions Crochet -	2
Jackets - -	30	Baskets Bead - -	3	Hose pairs - -	27
Towels - -	96			Guernseys Knitted -	10
Stays pairs - -	38			Antimacassars - -	10
Shifts Flannel -	30			Linings Trousers -	197
Bonnets Trimmed -	161			Curtains Knitted -	7
Pillows - -	28			Comforters Knitted -	11
Nightgowns - -	19			Night Caps Knitted -	9
Pinafores - -	6			Counterpanes Knitted	2
Blinds - -	4			Petticoats Quilted -	7
Bags - -	36			Cushions Pin Knitted	24
Cloth Capes - -	4			Socks Knitted pairs -	15
Gowns - -	179			Scarf - - -	1
Petticoats - -	133			Sleeves Embroid. pairs	2
Shifts - -	279			Ditto Knitted pairs	1
Caps - -	234			Robe Embroidered -	1
Aprons - -	447			Frocks Embroidered -	3
Counterpanes Knitted	23			Ditto Muslin - -	1
Napkins Dinner -	8			Gown - - -	1
Blankets Ticking -	2			Towel - - -	1
Rugs Hearth - -	4			Pen Wipers - -	5
Shrouds and Caps -	41			Ball - - -	1
Curtains Knitted -	23			Purse Knitted - -	1
Collars - -	65			Mats Netted - -	2
Curtains - -	120			Ditto Wool - -	5
Curtains Netted -	6			Basket Bead - -	1
Curtains - -	20			Doyleys - -	22
Lace yards - -	123			Flowers Bunch -	1
Curtains Damask -	1			Watch Hooks - -	7





THE ACCOUNTS OF THE TREASURER

OF THE

Norfolk Lunatic Asylum,

FOR

THE YEAR ENDED DECEMBER THE 31<sup>ST</sup>, 1860,

PRESENTED AT THE

GENERAL QUARTER SESSION,

APRIL, 1861,

BY THE COMMITTEE OF VISITORS.

Norwich :

PRINTED BY JOSEPH IUNGIUS, POTTERGATE STREET.





## THE COMMITTEE OF VISITORS

OF

*The Norfolk Lunatic Asylum,*

APPOINTED AT

THE EPIPHANY QUARTER SESSION, 1861.

~~~~~

REV. THOMAS JOHN BLOFELD, Hoveton, Chairman.

REV. EDWARD POSTLE, Yelverton.

RICHARD WARD, Esq., Salhouse.

R. BLAKE-HUMFREY, Esq., Wroxham.

G. B. L. KNIGHT, Esq., Framingham Earl.

REV. JEREMIAH BURROUGHES, Lingwood.

W. A. GILBERT, Esq., Cantley.

J. T. MOTT, Esq., Barningham.

REV. E. T. YATES, Aylsham.

REV. R. G. LUCAS, Mulbarton.

HENRY BACK, Esq., Hethersett.

REV. PHILIP GURDON, Cranworth.

# NORFOLK LUNATIC ASYLUM.

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## The Establishment

DECEMBER, 1860.

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### OFFICERS.

MR. EBENEZER OWEN, Superintendent.  
MR. EDWARD CASSON, Resident Medical Officer.  
MR. G. W. W. FIRTH, Visiting Medical Officer.  
REV. EDWARD COLE, Chaplain.  
MRS. OWEN, Matron.  
MR. ANTHONY BAILEY, Examiner of Accounts.

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MR. FRANCIS JOHN BLAKE, Treasurer and Clerk.

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### SERVANTS.

SUPERINTENDENT'S OFFICE ASSISTANT.  
ELEVEN MALE ATTENDANTS.  
THIRTEEN FEMALE ATTENDANTS.  
ONE WASH-HOUSE ATTENDANT.  
SIX HOUSE SERVANTS.  
GATE KEEPER.  
HOUSE LAD.

## THE COMMITTEE OF VISITORS

IN ACCOUNT WITH

FRANCIS JOHN BLAKE,

TREASURER OF THE COUNTY LUNATIC ASYLUM.

*From the 18th of December, 1859, to the 16th of December, 1860.*

DR. The County of Norfolk for Criminal and Vagrant Lunatics, from the 18th December, 1859, to the 16th December, 1860.

|                                                                                                                                                                                                                                                                                                                                                                         | £     | s. | d. | £   | s. | d. |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------|----|----|-----|----|----|
| To Amount due for Quarter ended 18th December, 1859                                                                                                                                                                                                                                                                                                                     | 48    | 5  | 3  |     |    |    |
| To Lodging, Maintenance, Care, Medicine, Washing, and<br>Clothing of Margaret Munro, Augustine Chief, Francis<br>Wright, Elizabeth Miller, Jane Farral, Caroline Tremlett,<br>Wm. Makaham, Sophia Holley, and George Tudman, 26<br>weeks each, at 8s. 6d.; 13 weeks each, at 8s. 9d.; and<br>13 weeks each, at 9s. per week                   ...                   ... | 203   | 5  | 9  |     |    |    |
|                                                                                                                                                                                                                                                                                                                                                                         | <hr/> |    |    | 251 | 11 | 0  |

1860.

CONTRA.

CR.

|                           |                               |     |     |       |    |   |
|---------------------------|-------------------------------|-----|-----|-------|----|---|
| Feb. 4.                   | By Cash from County Treasurer | ... | ... | 48    | 5  | 3 |
| May 1.                    | Ditto ditto                   | ... | ... | 49    | 14 | 6 |
| Aug. 9.                   | Ditto ditto                   | ... | ... | 49    | 14 | 6 |
| Nov. 13.                  | Ditto ditto                   | ... | ... | 51    | 3  | 9 |
|                           |                               |     |     | <hr/> |    |   |
|                           |                               |     |     | 198   | 18 | 0 |
|                           |                               |     |     | <hr/> |    |   |
| Balance due to the Asylum |                               |     |     | £52   | 13 | 0 |



# AN ABSTRACT OF THE ACCOUNTS

WITH

THE COUNTY AND THE GUARDIANS OF THE SEVERAL UNIONS AND  
INCORPORATED HUNDREDS.

| The County,<br>The Poor Law Unions,<br>and<br>Incorporated Parishes. | Due<br>18th December,<br>1859. | Due from<br>18th Dec. 1859,<br>to<br>16th Dec. 1860. | Received<br>18th Dec. 1859,<br>to<br>16th Dec. 1860. | Quarterage<br>falling due<br>16th Dec. 1860. |
|----------------------------------------------------------------------|--------------------------------|------------------------------------------------------|------------------------------------------------------|----------------------------------------------|
|                                                                      | £ s. d.                        | £ s. d.                                              | £ s. d.                                              | £ s. d.                                      |
| The County ... ..                                                    | 48 5 3                         | 251 11 0                                             | 198 18 0                                             | 52 13 0                                      |
| Aylsham ... ..                                                       | 96 5 10                        | 507 19 1                                             | 407 18 6                                             | 100 0 7                                      |
| Blofield ... ..                                                      | 91 3 3                         | 460 15 11                                            | 372 10 5                                             | 88 5 6                                       |
| Depwade ... ..                                                       | 147 7 11                       | 749 0 6                                              | 601 3 7                                              | 147 16 11                                    |
| Docking ... ..                                                       | 57 17 8                        | 299 3 10                                             | 222 15 1                                             | 76 8 9                                       |
| Downham ... ..                                                       | 134 1 3                        | 634 10 4                                             | 520 10 9                                             | 113 19 7                                     |
| Erpingham ... ..                                                     | 94 18 8                        | 491 11 6                                             | 384 19 9                                             | 106 11 9                                     |
| Faith's Saint ... ..                                                 | 107 15 7                       | 504 3 0                                              | 396 10 8                                             | 107 12 4                                     |
| Flegg East and West ... ..                                           | 26 17 5                        | 135 12 5                                             | 103 16 4                                             | 31 16 1                                      |
| Forehoe ... ..                                                       | 83 7 4                         | 391 7 10                                             | 315 6 10                                             | 76 1 0                                       |
| Freebridge Lynn ... ..                                               | 39 6 1                         | 239 11 3                                             | 182 18 6                                             | 56 12 9                                      |
| Guiltcross ... ..                                                    | 66 10 7                        | 386 8 2                                              | 295 6 11                                             | 91 1 3                                       |
| Henstead ... ..                                                      | 100 19 4                       | 550 5 8                                              | 431 9 7                                              | 118 16 1                                     |
| Loddon and Clavering ... ..                                          | 101 11 0                       | 475 3 2                                              | 382 3 0                                              | 93 0 2                                       |
| Mitford and Launditch ... ..                                         | 130 5 8                        | 683 15 3                                             | 548 6 3                                              | 135 9 0                                      |
| Swaffham ... ..                                                      | 75 3 0                         | 398 18 7                                             | 313 10 2                                             | 85 8 5                                       |
| Thetford ... ..                                                      | 54 3 1                         | 305 12 1                                             | 241 6 4                                              | 64 5 9                                       |
| Tunstead and Happing ... ..                                          | 62 2 3                         | 346 9 8                                              | 274 4 6                                              | 72 5 2                                       |
| Walsingham ... ..                                                    | 93 9 7                         | 518 0 7                                              | 402 1 1                                              | 115 19 6                                     |
| Wayland ... ..                                                       | 55 17 4                        | 288 16 0                                             | 224 9 0                                              | 64 7 0                                       |
| Wisbeach ... ..                                                      | 48 19 5                        | 304 11 1                                             | 231 10 6                                             | 73 0 7                                       |
| King's Lynn ... ..                                                   | ... ..                         | 2 19 2                                               | ... ..                                               | 2 19 2                                       |
| <b>TOTAL</b>                                                         | <b>1716 7 6</b>                | <b>8926 6 1</b>                                      | <b>7051 15 9</b>                                     | <b>1874 10 4</b>                             |

AN ABSTRACT OF THE ACCOUNTS  
WITH THE  
UNDERMENTIONED PLACES, HAVING BOARDER PAUPER PATIENTS.

|                                                                                                                                                                                                             | Due<br>18th December,<br>1859. | Due from<br>18th Dec. 1859,<br>to<br>16th Dec. 1860. | Received from<br>18th Dec. 1859,<br>to<br>16th Dec. 1860. | Quarterage<br>Falling due<br>16th Dec. 1860. |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------|------------------------------------------------------|-----------------------------------------------------------|----------------------------------------------|
|                                                                                                                                                                                                             | £ s. d.                        | £ s. d.                                              | £ s. d.                                                   | £ s. d.                                      |
| *KING'S LYNN.—Three Borough Pauper Patients, 52 weeks each, at 14s. per week ... }                                                                                                                          | 27 6 0                         | 136 10 0                                             | 109 4 0                                                   | 27 6 0                                       |
| *GREAT YARMOUTH.—Three Borough Pauper Patients, 52 weeks each, at 14s. per week; one 18 weeks and 3 days, at 14s. per week, and coffin, &c. £1 18s. 6d.; and one 7 weeks and 4 days, at 14s. per week ... } | 27 6 0                         | 155 12 6                                             | 116 18 0                                                  | 38 14 6                                      |
| *THETFORD.—One Borough Pauper Patient, 22 weeks and 3 days, at 14s. per week ... }                                                                                                                          | ... ..                         | 15 14 0                                              | 6 12 0                                                    | 9 2 0                                        |
| *BLYTHING UNION.—One Boarder Pauper Patient, 40 weeks and 5 days, at 14s. per week ... }                                                                                                                    | ... ..                         | 28 10 0                                              | 19 8 0                                                    | 9 2 0                                        |
| *NORWICH.—One Boarder Pauper Patient, 26 weeks, at 14s. per week; one 17 weeks and 3 days, at 14s. per week; and nine 4 days each, at 14s. per week ... }                                                   | ... ..                         | 46 12 0                                              | 12 4 0                                                    | 34 8 0                                       |
| Total for Boarder Pauper Patients                                                                                                                                                                           | 54 12 0                        | 382 18 6                                             | 264 6 0                                                   | 118 12 6                                     |
| Total for Criminal, Vagrant, and Pauper Lunatics                                                                                                                                                            | 1716 7 6                       | 8926 6 1                                             | 7051 15 9                                                 | 1874 10 4                                    |
| Total ...                                                                                                                                                                                                   | 1770 19 6                      | 9309 4 7                                             | 7316 1 9                                                  | 1993 2 10                                    |

\* The above places do not pay to the County Rates.



## THE COMMITTEE OF VISITORS OF THE LUNATIC ASYLUM,

IN ACCOUNT WITH

## THE TREASURER OF THE SAME,

FROM THE 18<sup>TH</sup> DECEMBER, 1859, TO THE 16<sup>TH</sup> DECEMBER, 1860,

FOR PAYMENTS ON ACCOUNT OF

## MAINTENANCE OF THE ASYLUM.

Dr.

1860.

|                                                    | £ | s. | d. | £    | s. | d. |
|----------------------------------------------------|---|----|----|------|----|----|
| February 28. To Balance due to Treasurer . . . . . |   |    |    | 1581 | 9  | 3  |

## SALARIES.

|                                                        |     |    |   |       |      |   |
|--------------------------------------------------------|-----|----|---|-------|------|---|
| To paid Mr. G. W. W. Firth, Visiting Surgeon . . . . . | 100 | 0  | 0 |       |      |   |
| Mr. Edward Casson, Resident Surgeon . . . . .          | 150 | 0  | 0 |       |      |   |
| Mr. F. J. Blake, Clerk and Treasurer . . . . .         | 100 | 0  | 0 |       |      |   |
| Rev. E. Cole, Chaplain . . . . .                       | 100 | 0  | 0 |       |      |   |
| Mr. Anthony Bailey, Examiner of Accounts . . . . .     | 10  | 10 | 0 |       |      |   |
| Mr. E. Owen, Superintendent . . . . .                  | 185 | 0  | 0 |       |      |   |
| Mrs. Owen, Matron . . . . .                            | 65  | 0  | 0 |       |      |   |
| Servants' Wages . . . . .                              | 551 | 16 | 5 |       |      |   |
|                                                        |     |    |   | <hr/> | 1262 | 5 |

## FOOD.

|                                                                                 |       |    |     |       |      |      |
|---------------------------------------------------------------------------------|-------|----|-----|-------|------|------|
| Butchers' Meat, 3000 st. . . . .                                                | 1544  | 7  | 1½  |       |      |      |
| Flour 1960 st. . . . .                                                          | 194   | 14 | 0   |       |      |      |
| Bread 3030 score . . . . .                                                      | 779   | 9  | 2   |       |      |      |
| Cheese 94 cwt. . . . .                                                          | 422   | 17 | 6½  |       |      |      |
| Tea . . . . .                                                                   | 162   | 10 | 0   |       |      |      |
| Sugar . . . . .                                                                 | 82    | 12 | 9   |       |      |      |
| Coffee . . . . .                                                                | 21    | 17 | 2   |       |      |      |
| Rice and Arrowroot . . . . .                                                    | 6     | 6  | 0   |       |      |      |
| Groats . . . . .                                                                | 10    | 10 | 0   |       |      |      |
| Salt . . . . .                                                                  | 1     | 13 | 3   |       |      |      |
| Milk 8008 gallons . . . . .                                                     | 266   | 18 | 8   |       |      |      |
| Butter 3556 pints . . . . .                                                     | 246   | 16 | 6   |       |      |      |
| Eggs . . . . .                                                                  | 13    | 2  | 9   |       |      |      |
| Sundry Articles of Grocery . . . . .                                            | 45    | 4  | 10½ |       |      |      |
| Sundry Articles of Food . . . . .                                               | 28    | 7  | 7½  |       |      |      |
| The Superintendent, on account of Vegetables<br>consumed in the House . . . . . | 60    | 7  | 1   |       |      |      |
|                                                                                 |       |    |     | <hr/> | 3887 | 14 6 |
| Carried forward                                                                 | £6731 | 10 | 2   |       |      |      |



PAID FOR GENERAL MAINTENANCE OF THE ASYLUM—*continued*.

1860.

| £               | s. | d. | £    | s. | d. |
|-----------------|----|----|------|----|----|
| Brought forward |    |    | 6731 | 10 | 2  |

## SPIRITS, &amp;c.

|                          |   |   |   |   |       |    |   |          |
|--------------------------|---|---|---|---|-------|----|---|----------|
| To Paid Wine and Spirits | . | . | . | . | 24    | 17 | 8 |          |
| Beer                     | . | . | . | . | 533   | 8  | 0 |          |
| Bitter Ale               | . | . | . | . | 7     | 4  | 0 |          |
| Porter                   | . | . | . | . | 76    | 7  | 6 |          |
| Tobacco and Snuff        | . | . | . | . | 64    | 0  | 6 |          |
|                          |   |   |   |   | <hr/> |    |   | 705 17 8 |

## FIRING, &amp;c.

|                                      |   |   |   |   |       |    |   |         |
|--------------------------------------|---|---|---|---|-------|----|---|---------|
| Gas (173,300 cubic feet)             | . | . | . | . | 229   | 4  | 4 |         |
| Coals (180 $\frac{3}{4}$ tons)       | . | . | . | . | 173   | 19 | 6 |         |
| Steam Coals (186 $\frac{1}{4}$ tons) | . | . | . | . | 165   | 4  | 0 |         |
| Coke                                 | . | . | . | . | 102   | 9  | 5 |         |
| Soap                                 | . | . | . | . | 46    | 10 | 0 |         |
| Candles                              | . | . | . | . | 10    | 18 | 9 |         |
| Soda                                 | . | . | . | . | 16    | 17 | 8 |         |
| Starch                               | . | . | . | . | 1     | 17 | 6 |         |
|                                      |   |   |   |   | <hr/> |    |   | 747 1 2 |
| Drugs                                | . | . | . | . |       |    |   | 36 16 7 |

## BEDDING, CLOTHING, &amp;c.

|                                 |   |   |   |   |       |    |    |         |
|---------------------------------|---|---|---|---|-------|----|----|---------|
| Men's Suits                     | . | . | . | . | 140   | 3  | 1  |         |
| Shoes, Leather, &c.             | . | . | . | . | 153   | 11 | 5  |         |
| Linen, Hosiery, &c.             | . | . | . | . | 135   | 16 | 8  |         |
| Sheeting, &c.                   | . | . | . | . | 89    | 3  | 2  |         |
| Tapes, Threads, &c.             | . | . | . | . | 28    | 11 | 10 |         |
| Women's Bonnets                 | . | . | . | . | 3     | 12 | 3  |         |
| Men's Caps                      | . | . | . | . | 18    | 8  | 6  |         |
| Yarn, Knitting Cotton, &c.      | . | . | . | . | 49    | 15 | 6  |         |
| Women's Shawls                  | . | . | . | . | 3     | 0  | 11 |         |
| Tailor                          | . | . | . | . | 45    | 1  | 0  |         |
| Shoemaker                       | . | . | . | . | 45    | 1  | 0  |         |
|                                 |   |   |   |   | <hr/> |    |    | 712 5 4 |
| Printing, Books, and Stationery | . | . | . | . |       |    |    | 37 1 3  |

## FURNISHING, &amp;c.

|                    |   |   |   |   |       |    |   |         |
|--------------------|---|---|---|---|-------|----|---|---------|
| Brushes and Brooms | . | . | . | . | 14    | 3  | 9 |         |
| Cleaning Chimneys  | . | . | . | . | 1     | 10 | 0 |         |
| Dwiling            | . | . | . | . | 22    | 18 | 6 |         |
|                    |   |   |   |   | <hr/> |    |   | 38 12 3 |

|                 |       |   |   |
|-----------------|-------|---|---|
| Carried forward | £9009 | 4 | 5 |
|-----------------|-------|---|---|

PAID FOR GENERAL MAINTENANCE OF THE ASYLUM—*continued.*

1860.

|                 | £    | s. | d. | £ | s. | d. |
|-----------------|------|----|----|---|----|----|
| Brought forward | 9009 | 4  | 5  |   |    |    |

## FUNERAL EXPENSES.

|                                           |  |  |  |    |   |   |
|-------------------------------------------|--|--|--|----|---|---|
| To Paid Shrouds, Bearers, and Burial Fees |  |  |  | 20 | 3 | 0 |
|-------------------------------------------|--|--|--|----|---|---|

## SUNDRIES.

|                                                       |    |    |    |     |   |   |
|-------------------------------------------------------|----|----|----|-----|---|---|
| Retaking Escaped Patients                             | 2  | 9  | 3½ |     |   |   |
| Clockmaker                                            | 4  | 8  | 0  |     |   |   |
| Hire of Organ, Music, &c.                             | 14 | 14 | 0  |     |   |   |
| Male Attendants' Suits and Caps                       | 33 | 18 | 0  |     |   |   |
| Female Attendants' Dresses                            | 26 | 16 | 3  |     |   |   |
| Straw                                                 | 33 | 6  | 10 |     |   |   |
| Postage of Letters and Carriage of Parcels            | 16 | 9  | 7  |     |   |   |
| Braziers' Work                                        | 8  | 19 | 3  |     |   |   |
| Engineer                                              | 79 | 10 | 0  |     |   |   |
| Medical Certificates for Patients out on Probation    | 4  | 14 | 6  |     |   |   |
| Petty Disbursements                                   | 13 | 6  | 7  |     |   |   |
| Railway Fares of Patients and Attendants to Lowestoft | 18 | 0  | 3  |     |   |   |
| Singers at Chapel                                     | 3  | 4  | 0  |     |   |   |
| Oat Flights                                           | 3  | 4  | 4½ |     |   |   |
| Assessed Taxes                                        | 4  | 17 | 0  |     |   |   |
| Conveyance of Discharged Patients to their Homes      | 2  | 8  | 4  |     |   |   |
| Clothing for House Lad                                | 4  | 14 | 0  |     |   |   |
| Garden Pots                                           | 1  | 7  | 0  |     |   |   |
|                                                       |    |    |    | 276 | 7 | 3 |

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£9305 14 8

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CONTRA.

CR.

| 1860.                                                                             |                                                   |   |   | £    | s. | d. |
|-----------------------------------------------------------------------------------|---------------------------------------------------|---|---|------|----|----|
| By                                                                                | Amount received for Criminal and Vagrant Lunatics | . | . | 198  | 18 | 0  |
|                                                                                   | Ditto for Pauper Lunatics                         | . | . | 6852 | 17 | 9  |
|                                                                                   | Ditto for Boarder Pauper Lunatics                 | . | . | 264  | 6  | 0  |
|                                                                                   | Superintendent from Sale of Rags                  | . | . | 2    | 12 | 6  |
|                                                                                   | Rents of Cottages                                 | . | . | 10   | 12 | 0  |
|                                                                                   | Fines from Attendants                             | . | . | 0    | 9  | 6  |
|                                                                                   | Amount received                                   | . | . | 7329 | 15 | 9  |
| To                                                                                | Amount paid as at page 10                         | . | . | 9305 | 14 | 8  |
|                                                                                   | Balance due to the Treasurer                      |   |   | 1975 | 18 | 11 |
| Amount of Quarterage due from the Unions, &c., to the 16th day of December, 1860, |                                                   |   |   | 1993 | 2  | 10 |
| as per Abstract, page 7                                                           |                                                   |   |   |      |    |    |
|                                                                                   | Balance due from the Treasurer                    |   |   | 17   | 3  | 11 |

(ERRORS EXCEPTED.)

F. J. BLAKE.

TREASURER.

14th February, 1861.

Examined with the Vouchers and found Correct,

THOMAS J. BLOFELD,  
W. A. GILBERT,  
R. BLAKE-HUMFREY.





ACCOUNT  
FOR  
BUILDINGS, REPAIRS, FURNITURE, FITTINGS,  
&c. &c.

## THE TREASURER'S ACCOUNT WITH

| Dr.                                                                              | BUILDINGS, |    |                 |
|----------------------------------------------------------------------------------|------------|----|-----------------|
|                                                                                  | £          | s. | d.              |
| 1860.                                                                            |            |    |                 |
| To Messrs. Sparke and Co., Engineers                                             | 10         | 1  | 9               |
| I. O. Cattermoul, Bricklayer                                                     | 99         | 19 | 7               |
| Henry Underwood, Plasterer                                                       | 115        | 6  | 3               |
| E. Lincoln, Carpenter                                                            | 69         | 5  | 7               |
| J. Worman, ditto                                                                 | 5          | 1  | 2               |
| R. Steward and Co., Timber and Deal Merchants                                    | 28         | 8  | 2               |
| B. Shardelow, Plumber, Glazier, and Painter                                      | 172        | 1  | 4               |
| H. E. Parlour, Ironmonger                                                        | 4          | 4  | 8               |
| Henry Pinson, Ironmonger                                                         | 62         | 7  | 7               |
| Thomas Sabberton, Blacksmith                                                     | 127        | 0  | 10              |
| Harriet Waite, Brazier                                                           | 17         | 12 | 4               |
| Jos. Downing, Earthenware, Glass, &c.                                            | 25         | 13 | 8               |
| M. A. Norris, Upholsterer                                                        | 82         | 17 | 6               |
| E. S. Howard, Window Blind Maker                                                 | 3          | 6  | 6               |
| George Pinson, Cocoa-nut Fibre Matting, &c.                                      | 19         | 9  | 10              |
| J. W. Ewing, Shrubs                                                              | 10         | 13 | 3               |
| Matchett and Co., Advertising                                                    | 3          | 6  | 0               |
| Bacon, R. N. Ditto                                                               | 3          | 2  | 0               |
| Norfolk News Ditto                                                               | 3          | 0  | 6               |
| J. Iungius, Printing and Stationery                                              | 6          | 5  | 0               |
| Chamberlin, Sons, and Co., Linen Drapers                                         | 103        | 10 | 8               |
| Mail Carriage of Private Letter Bag to and from Norwich                          | 1          | 1  | 0               |
| Postmaster, Subscription for same for the year                                   | 2          | 2  | 0               |
| Poor's Rates                                                                     | 1          | 13 | 8               |
| Highway Rate                                                                     | 0          | 7  | 1               |
| Land-tax                                                                         | 1          | 5  | 0               |
| Rent-charge                                                                      | 2          | 19 | 1               |
| Norwich Union Fire Office Insurance                                              | 13         | 12 | 0               |
| D. Houghton, Dyer                                                                | 1          | 6  | 4               |
| Thomas Gunton, Curled Horse Hair                                                 | 11         | 4  | 0               |
| Labour                                                                           | 59         | 3  | 0               |
| Executors of the late James Campling, deceased, in full of Bill for the use of } | 3          | 0  | 0               |
| Engine in 1855                                                                   | 5          | 9  | 6               |
| Ann Watson, Mason                                                                | 3          | 13 | 6               |
| Howard, Riches and Watts, Engineers                                              | 1          | 10 | 0               |
| W. Hooper, for India Rubber Bed Covering                                         | 1          | 1  | 3               |
| Charles Bray, Plumber                                                            | 26         | 6  | 0               |
| Shand and Mason, Engineers, Hose for Fire Engine                                 | 11         | 8  | 5               |
| A. Pank, Gas Fitter                                                              | 11         | 15 | 7               |
| Joseph Stanley, Mason                                                            | 9          | 18 | 6               |
| Blind Institution, Carpeting                                                     | 0          | 15 | 6               |
| British Gas Light Company, for Syphon and Fittings                               | 64         | 11 | 7               |
| Dexter and Moll, Linen Drapers                                                   | 7          | 18 | 0               |
| A. Grossetete, for Spring Mattresses                                             | 3          | 1  | 0               |
| Mary Gay, for Baskets                                                            | 1          | 1  | 0               |
| John Thompson, Gutta Percha Utensils                                             | 3          | 17 | 6               |
| John Stewart, Seedsman                                                           | 1          | 15 | 9               |
| Forty dozen Flowerpots and Stands                                                | 0          | 10 | 0               |
| A. Stacy, Cooper                                                                 | 1          | 16 | 0               |
| Playing Bowls                                                                    | 219        | 0  | 9               |
| New Farm Buildings                                                               | 3          | 8  | 5               |
| E. Owen, Superintendent, Petty Disbursements                                     | 66         | 19 | 5 $\frac{3}{4}$ |
| Balance due from the Treasurer                                                   |            |    |                 |
|                                                                                  | £1516      | 5  | 0 $\frac{3}{4}$ |



**THE COUNTY OF NORFOLK.**  
REPAIRS, &c.

|          |                                                                                                                     |       |                       |   |   | CR.                                   |       |    |                               |
|----------|---------------------------------------------------------------------------------------------------------------------|-------|-----------------------|---|---|---------------------------------------|-------|----|-------------------------------|
| 1860.    |                                                                                                                     |       |                       |   |   |                                       | £     | s. | d.                            |
| Feb. 28. | By Balance                                                                                                          | {     | New Buildings Account | . | . | £131 8 7                              |       |    |                               |
|          |                                                                                                                     | {     | General Account       | . | . | £177 13 5 <sup>3</sup> / <sub>4</sub> |       |    |                               |
|          |                                                                                                                     |       |                       |   |   | <hr/>                                 | 309   | 2  | 0 <sup>3</sup> / <sub>4</sub> |
| Mar. 15. | Cash of the Norwich Union Fire Office, for Damage done to the }<br>Buildings by Fire on the 5th instant . . . . . } |       |                       |   |   |                                       | 6     | 0  | 0                             |
| July 4.  | Cash of the County Treasurer . . . . .                                                                              |       |                       |   |   |                                       | 150   | 0  | 0                             |
| Aug. 17. | Cash Discount from Messrs. Shand and Mason, Engineers . . . . .                                                     |       |                       |   |   |                                       | 1     | 3  | 0                             |
| Oct. 12. | Cash of the County Treasurer . . . . .                                                                              |       |                       |   |   |                                       | 400   | 0  | 0                             |
| Nov. 5.  | Ditto                                                                                                               | ditto | .                     | . | . | .                                     | 250   | 0  | 0                             |
| 1861.    |                                                                                                                     |       |                       |   |   |                                       |       |    |                               |
| Jan. 25. | Ditto                                                                                                               | ditto | .                     | . | . | .                                     | 400   | 0  | 0                             |
|          |                                                                                                                     |       |                       |   |   | <hr/>                                 |       |    |                               |
|          |                                                                                                                     |       |                       |   |   |                                       | £1516 | 5  | 0 <sup>3</sup> / <sub>4</sub> |

1861. February 14th.

Examined with the Vouchers and found Correct.

THOMAS J. BLOFELD.  
W. A. GILBERT.  
R. BLAKE-HUMFREY.

